

Receiving Communication from God Through Internal Feeling

KEY SCRIPTURE PASSAGES:

Hebrews 5:14 – “But solid food is for the mature, who because of practice have their senses trained to discern good and evil.”

Ephesians 4:19 – “Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, with a continual lust for more.”

KEY BIBLICAL PRINCIPLE:

Senses in the natural person tend toward sensuality, but senses in the born-again person can be **trained in sensitivity** to discern spiritual information.

WAYS TO RECEIVE COMMUNICATION FROM GOD: INTERNAL FEELING

God gave us emotions to communicate information to us...we can train our emotions and senses to discern His information from our self-talk and the lies of the enemy.

Some ways we feel or sense internally: being moved or compelled by compassion...sometimes the compassion of the Lord; an inner compulsion to pray...sometimes awakening in the middle of the night, moved to seek God for whom to pray.

PROPHETIC PROTOCOL: BE CLEAR AND KIND

Galatians 5:6 – “The only thing that counts is faith expressing itself through love.”

Galatians 5:22-23 – “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.”

How we receive and give words becomes part of the substance...a true word from God, delivered in love, makes the hearer feel **seen, known, and loved** by God.

LIMITING BELIEF: FEELINGS ARE NOT TO BE TRUSTED

Untrained, undisciplined feelings can lead us astray. As redeemed saints, **we can and must train our feelings** to recognize when it's God and when it's our flesh or the enemy. If we don't, we lose a vital connection to God and needlessly open ourselves to be deceived.

CALL TO ACTION

- Consider carefully how your values regarding spiritual gifts/fruit of the Spirit affects your ability to strengthen, encourage and comfort someone.
- Ask God to show you **where your values have inhibited your ability to even want to give encouragement, comfort or strength** to another. **Example:** your need to be productive can make you task oriented to the exclusion of spending time with God and others.

CALL TO ACTION (cont.)

- Begin to cooperate with God to change your values towards spiritual gifts and prophecy. Ask the Lord to forgive you for partnering with productivity or anything else He may highlight.
- As He reveals your values, ask Him what truth about your spiritual giftings He wants to share with you, and write that down.