

## Receiving Communication Through Internal Hearing

### KEY SCRIPTURE PASSAGES:

**1 Kings 19:11-12** – “Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. After the earthquake came a fire, but the Lord was not in the fire. **And after the fire came a gentle whisper.**”

### KEY BIBLICAL PRINCIPLE:

Hearing the gentle whisper may be the Still Small Voice of God. We are to turn and ask, “Lord, is that you?”

### WAYS TO RECEIVE COMMUNICATION FROM GOD: INTERNAL HEARING

**Internal Hearing** is God revealing His thoughts TO us through His Spirit living IN us.

The Holy Spirit knows and searches everything, so **we can hear God’s thoughts in our heart and mind** for ourselves and for others.

### PROPHETIC PROTOCOL: BE ENCOURAGING

**1 Cor. 14:3** – “The one who prophesies speaks to people for their strengthening, encouraging, and comfort.”

Notes from live demonstration: \_\_\_\_\_

### LIMITING BELIEF: SELF-FOCUS

Concern about what others think of you...believing you are not able or worthy to receive from God and share His encouragement with others...shame, thinking less of yourself than God thinks

### CALL TO ACTION

- **Consider carefully** how your **BELIEF regarding spiritual gifts** affects your ability to receive communication from God and strengthen, encourage and comfort someone.
- **Ask God to show you where your self-focus has inhibited your ability to even want to receive and give strength, encouragement, or comfort.** **Example:** shame can make you think less of yourself, but it is still self-focus and you don’t receive from God and release strength, encouragement, or comfort.
- **Begin to cooperate with God** to change your beliefs towards spiritual gifts and prophecy. **Ask the Lord to forgive you for partnering with self-focus.** Ask Him what truth about your spiritual giftings He want to share with you, and write that down. Remember, God submits to these protocols we’re teaching—*He wrote them.* **So if what you hear is strengthening, encouraging, and comforting, you can be confident it’s Him.**