



Faith-Building Declarations

Ten Beginning Declarations

The following ten basic declarations are foundational to building your faith. They will increase expectancy of God's goodness, and will thus increase the manifestation of that goodness in your life. Say these (and the other declarations lists) every day for a month and see what happens to your life (Romans 4:17; Romans 10:9,10).

1. My prayers are powerful and effective (2 Corinthians 5:21; James 5:16b).
2. God richly supplies all my needs (Philippians 4:19).
3. I am dead to sin and have a victorious DNA in me (Romans 6:11; Romans 5:17).
4. I walk in ever-increasing health (Isaiah 53:3-5; Psalm 103:1-5).
5. I live under a supernatural protection (Psalm 91, Hebrews 8:6).
6. I prosper in all my relationships (Luke 2:52).
7. I consistently bring God encounters to other people (Mark 16:17,18; Acts 3:6).
8. In Jesus, I am 100% loved and worthy to experience all of God's blessings (Colossians 1:12-15).
9. Each of my family members is wonderfully blessed and radically loves Jesus (Acts 16:30, 31).
10. I uproariously laugh when I hear a lie from the devil (Psalm 2:2-4).

A note on these declarations: We won't have something just because we say something, but saying something is necessary to having it. If at the beginning of the 40 days, you don't understand fully why these three sets of declarations are important, then speak them by faith anyway.

Declarations to Ignite Faith

Remember this: Faith is the evidence of things not seen (Hebrews 11:1). God's promises, not our circumstances, are our "evidence" for what is really true. We don't deny negative facts in our lives, but we choose to focus on the higher reality of God's truth. Faith indeed comes by hearing (Romans 10:17); therefore, we choose to speak these powerful truths to build our own faith (by doing so, we are believing that our experience will catch up to our beliefs as Romans 12:2 teaches us).

1. I set the course of my life with my words (James 3:2-5; Proverbs 18:21).
2. God is on my side; therefore, I declare that I cannot be defeated (Romans 8:37; Psalm 91; Philippians 4:13).
3. I am the head, not the tail. I have insight. I have wisdom. I have ideas and divine strategies. I have authority (Deuteronomy 8:18; Deuteronomy 28:13; James 1:5-8; Luke 10:19).
4. My family and those connected to us are protected from disasters, disease, divorce, adultery, poverty, false accusation, foolish decisions and all accidents (Psalm 91).



5. As Abraham did, I speak God's promises over my life so that my faith is strengthened to possess all of God's promises (Romans 4:17-23).
6. I have a sound mind. I think the right thoughts, say the right words, and make the right decisions in every situation I face (2 Timothy 1:7).
7. I expect to have powerful, divine appointments today to heal the sick, raise the dead, prophesy life, lead people to Christ, bring deliverance, release signs and wonders, and bless every place I go (the book of Acts).
8. I expect that today will be the best day of my life spiritually, emotionally, relationally, and financially, in Jesus' name (Romans 15:13).

Speaking to Mountains

One of the main "methods" Jesus and the apostles used (in the gospels and Acts) was to SPEAK TO things. You will notice that they did not ask God to heal people, cast out demons, or raise the dead; but they spoke to bodies, demons, the wind, etc. Jesus encourages us to speak to mountains (Mark 11:23). This set of declarations specifically focuses on our speaking to different aspects of our lives.

1. Thank you, angels, for carrying out the Word of God on my behalf (Psalm 103:20).
2. All attacks that were headed my way are diverted right now through angelic protection in Jesus' name (Psalm 91).
3. Just as Jesus spoke to the wind, I say, "Peace be still to my mind, emotions, body and family" (Mark 4:39).
4. I speak to every mountain of discouragement, stress, depression and lack, and say, "Be cast it into the sea in Jesus' name" (Mark 11:22-24).
5. I say to this day, "You are blessed." And I declare that I serve a mighty God, who today will do exceedingly and abundantly beyond all that I can ask or think (Ephesians 3:20). I say you are a good God, and I eagerly anticipate your goodness today.

Source: Steve and Wendy Backlund, Ignited Hope Ministries