



How to Resist the Temptation to Doubt God

When tempted to say “I can’t,” I will say, “I can do all things through Christ who strengthens me.” (*Philippians 4:13 NKJV*)

When tempted to confess poverty, I will say, “my God shall supply all your need according to His riches in glory by Christ Jesus.” (*Philippians 4:19 NKJV*)

When tempted to confess fear, I will say, “God has not given me a spirit of fear, but of power and love and a sound mind.” (*2 Timothy 1:7 NKJV*)

When tempted to confess doubt and lack of faith, I will say, “God has allotted to each a measure of faith.” (*Romans 12:3 NASB*)

When tempted to confess weakness, I will say, “the Lord is the stronghold of my life.” (*Psalms 27:1 ESV*) and “the people who know their God shall prove themselves strong and shall stand firm and do exploits [for God].” (*Daniel 11:32 AMP*)

When tempted to confess that Satan rules my life, I will say, “the one who is in you is greater than the one who is in the world.” (*1 John 4:4 NIV*)

When tempted to confess defeat, I will say, “thanks be to God, Who in Christ always leads us in triumph.” (*2 Corinthians 2:14 AMP*)

When tempted to confess lack of understanding, I will say, “But by His doing you are in Christ Jesus, who became to us wisdom from God.” (*1 Corinthians 1:30 NASB*)

When tempted to confess sickness, I will say “by His stripes we are healed” (*Isaiah 53:5 NKJV*) and “He Himself took our infirmities and carried away our diseases.” (*Matthew 8:17 NASB*)

When tempted to confess worries and frustration, I will say, “Give all your worries and cares to God, for He cares about you.” (*1 Peter 5:7 NLT*)

When tempted to confess slavery or addiction, I will say “For the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom” (*2 Corinthians 3:17 NLT*) and “Don’t you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God?” (*1 Corinthians 6:19 NLT*)

When tempted to confess condemnation, I will say “Therefore, there is now no condemnation for those who are in Christ Jesus.” (*Romans 8:1 NIV*)